



the Frequency

May
2018

NHBC Student Ministries Newsletter

417 Youth Night @ Springfield Cardinals

Tuesday, May 29

Cost: \$10 -this includes your ticket and \$5 food card. If you will need more than \$5 for food you will need to bring extra money.

Deadline to sign-up is Wednesday, May 23.

Leave church @ 4:35 pm and return after the end of the game.

You can be picked up @ the stadium,
please let Brian know when you are leaving.



Coming to a Summer Near You...

Tuesday "Movement" Activities

Starting Tuesday, June 5

*Activities to be announced in the coming weeks.



Monthly Activities

*Activities are subject to change
(Watch for spontaneous youth activities)*

May - Youth Night @ Springfield Cardinals

June - Movement on Tuesdays
(Weekly Summer Activities)

Afterwards

Sunday's 7:00 - 8:30

(except when noted otherwise)

Will start back in August

Wednesday Nights in May

2 - Regular Youth Service

9 - Regular Youth Service

16 - Regular Youth Service

23 - Pizza & Game Night

30 - Summer Kick-Off

Student Leadership Team (SLT)

Meets every other Sunday @ 6:00

We will start back in August



Discipleship Small Group

Meets every other
Sunday @ 6:00

We will start back in
August



Mission Projects

2018 Projects...

Mission/Ministry Projects subject to change

May - TBA

Raptor Ramblings...

Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. But when your eye is bad, your whole body is fill with darkness.

~Matthew 6:22-23



Whatever is evil, vengeful, tempting, or otherwise ungodly tends to stick in our minds and hearts and grow. We need to be vigilant not to let that happen.

This applies to all kinds of inappropriate thoughts – anger, bitterness, vengeance, jealousy, criticism, negativity, and on and on. But this also applies to lust and pornography, which can turn into an addiction as real and as strong as an addiction to alcohol or drugs. Pornography is easy to access and is considered harmless by so many, so it can take residence in your mind before you realize it's a problem. You don't have to be in an adult bookstore or an X-rated movie to be tempted by it. It gets into our lives in lots of ways. It's subtle. But it can be extremely damaging, and the best way to keep it from becoming a problem is to avoid it altogether.

As a father, I have to be sensitive to the ways our culture handles this issue. As easily tempted as we adults can be in this area, our kids are more so. And it isn't just a matter of pornography, but of decency. If I put that swimsuit issue of a familiar sports magazine on my coffee table, what message am I giving to my son about having a pure heart? What message am I giving my daughter about how women are perceived? And how am I allowing myself to be tempted? We have to protect our own minds and the minds of others. It often begins with those "small things" chipping away at the boundaries we should keep.

The best way to protect those boundaries is to pray early and often. Whenever you sense an inappropriate thought forming, ask God to take it from you and cleanse your mind of it. Envision your mind and your heart as God's treasured territory, and do whatever it takes to protect that territory. Whenever you're confronted with an impure thought, reject it and replace it with something much more positive. Teach others how to redirect their thoughts and discipline themselves in truth. Whatever it takes, prevent infiltration.

UNCOMMON KEY: You mind can be a battlefield. Protect it from impurities and fill it with truth. If that means changing some things that seem "innocent", do it today.

Devotion from **Tony Dungy and Nathan Whitaker, Uncommon Life: Daily Challenge (Carol Stream, IL: Tyndale House Publishing, 2011), July 7.**

Things to Pray For:

Other churches that will be participating with us at World Changers:

- Eastern Heights Baptist Church
- Forest Hills Baptist Church
- Harps Crossing Baptist Church
- Haywood Hills Baptist Church
- Red Apple Baptist Church
- Crossroads Fellowship
- Coal Mountain Baptist Church

~Brian



Weekly Schedule

Sunday -

8:30 - Worship

9:45 - Sunday School

11:00 - Worship

Wednesday -

6:30 - 7:45 -Youth Midweek

Activity Policy:

You must sign-up for all activities. Due to planning and making arrangements, you must sign-up for each activity away from the church. If you don't sign-up you may not be able to go. Sign-up sheets will be available in the youth room.



Volume Student Ministries at NHBC have a Facebook page, find us and like us!!

May Activities

STUDENTS NAME _____ AGE _____ GRADE _____

I _____ (parent/guardian) give permission to National Heights Baptist Church to take my child _____ to and allow him/her to participate in activities during the month of May 2018. I agree not to hold National Heights Baptist Church or any paid or unpaid church staff responsible for anything that may happen to my child. Furthermore I allow the youth minister to decide transportation decisions that will effect my child including riding in a personal vehicle. I also understand that I may be asked to pick up my child if they misbehave.

Parent/guardian (please print) _____ Parent/guardian's signature _____ Date _____

Address _____ City _____ Zip _____

Phone number where you can be reached at the time of the event _____

In case of emergency please contact _____ Emergency Phone _____ Relationship to minor _____