

Lesson 1: First Step

Icebreaker:

Watch a video of a baby's first steps (there are about a million of them on YouTube, or feel free to use a video of your own). Ask people in the group to share their experiences with watching children taking their first step.



Alternative:

Ask the question, "What does every instruction manual have in common?" You may get several answers like "Legal disclaimers" "Confusing language" or "small print." If no one says it, offer the answer, "Every instruction manual has a first step."

This session's video describes the first step in walking in the light of Christ.

Watch the Video

Discussion Questions:

1. Why do you think the Bible begins with the statement "In the beginning God created the heavens and the earth" (Genesis 1:1)?
2. If God created everything, what implications does that have for us?
3. What evidence does John provide for what he says about Jesus in 1 John 1:1-4?
4. How does someone:
 - A. Admit that you are a sinner (Romans 3:23)
 - B. Believe the Jesus is God's son (John 3:16)
 - C. Confess Jesus as your Savior and Lord (Romans 10:9)
5. Is it possible to accept only part of Jesus' teachings? Why or why not? (Note - rejecting Jesus' teaching denies that he is the Son of God which ultimately rejects everything else he taught).

1 John 1:4 (NIV84)
We write this to make our joy complete.