

NHBC Student Ministries  
3050 N. National  
Springfield, MO 65803

# the Frequency

February  
2018

NHBC Student Ministries Newsletter



Saturday, February 10th  
Meet at church @ 1:00  
Return around 5:00  
Cost - FREE

This year YouthQuake will be held at  
the historic Gillioz Theater.  
Performers include:  
Illusionist - Zak Mirzadeh  
Chris White Band  
and DaMac (Rapper/Hip Hop)

## Monthly Activities

*Activities are subject to change  
(Watch for spontaneous youth activities)*

February 10 - YouthQuake  
March - Spring Break Activities  
April - TBA  
May - TBA  
June - Movement on Tuesdays  
(Weekly Summer Activities)



Volume Student Ministries at NHBC have a  
Facebook page, find us and like us!!



## Discipleship Small Group

Meets every other  
Sunday @ 6:00  
We will meet on  
February 18

World Changers 2018  
Florence, AL - July 7-15, 2018  
Still spots left  
\$50 non-refundable deposit  
Questions? Just Ask!



## Student Leadership Team (SLT)

Meets every other Sunday @ 6:00  
This month's meetings will be on  
February 11 & 25

## Wednesday Nights in February

7 - Regular Youth Service  
14 - Mission/Ministry Project -  
Valentines Parent Night Out  
21 - Regular Youth Service  
28 - Regular Youth Service



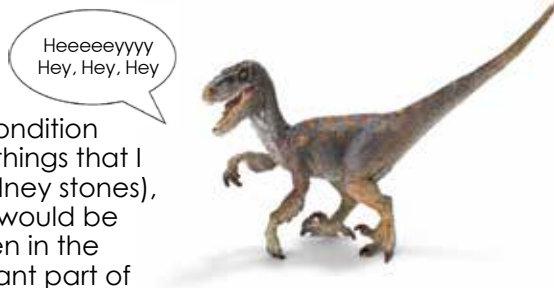
## Mission Projects

### 2017 Projects...

*Mission/Ministry Projects subject to change*

February - TBA  
March - TBA  
April - TBA  
May - TBA

# Raptor Ramblings...



Since 2005, I have been dealing with a very painful condition known as gout. It is probably one of the most painful things that I have had to deal with in my life (outside of having kidney stones), even to the point of having thoughts that everything would be better if I just cut my foot and ankle off. However, even in the midst of the pain, I know that my foot is a very important part of my body. Not only do I realize that a foot is an important part of a body, but a foot has also been an important part of my spiritual growth. Now I know you are probably asking how a foot could have any spiritual significance. I believe there are 3 spiritual lessons that we can learn from feet.

## Lesson #1 – Feet = Love

Feet equal love? Many people hate feet. They wouldn't even come close to another person's foot. However, we can see a couple of examples where feet equal love. First, in Lk. 7:36-47 and Jn. 12:1-8, we see 2 different accounts where a woman wiped Jesus' feet with their hair and then poured oil on them. This may not seem all that significant. However, it shows an expression of intense personal devotion to Christ, and it would have taken great courage to honor Jesus in this way. It showed their love for Christ. Second, in Lk. 10:38-42 we see the account of Mary sitting at the feet of Jesus and listening to His teachings. It is the ones that we love the most who we will spend the most time with. God should be our greatest love. There the feet of Jesus is a disciple's proper place, because we have an unquenchable desire to spend time in prayer, scripture reading, mediation, etc. However a lot of time we are like Mary's sister, Martha who was busy, and we get distracted from our relationship with God. What changes need to happen so you are sitting at the feet of Jesus daily and loving Him fully?

## Lesson #2 – Feet = Humility

The greatest act of humility is Christ death on the cross. The second was the foot washing of His disciples. In Mk. 10:35-45, we see Jesus trying to teach his disciples what being humble and a servant is all about, but they aren't getting it. The disciples are fighting at who is going to sit at the right and left hand of God. Jesus tells them, "Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be a slave of all. For even the Son of Man did not come to be served, but to serve. (Mk. 10:44-45)" Looking at the disciples in these verses kind of reminds me of our culture. We live in a Me-centered culture instead of others-centered. If it doesn't benefit us then we don't care. Instead, we find in Phil. 2:3, Paul says, "...but in humility consider others better than yourself." So as Jesus turns to wash the disciples' feet He is teaching them humility and what it means to be a servant. What is causing you to not be able to serve others in humility?

## Lesson #3 – Feet = Spreading the Gospel

In Is. 52:7, it says "How beautiful upon the mountains are the feet of him who brings good news" (ESV). In Biblical times, messengers on foot were relied upon heavily for information and news, especially in times of war. Just as the messengers back then carried information and news, we need to be about carrying the good news of Jesus Christ to the lost. Why carry the good news? We see a couple of reasons in Matt. 9:37 and Matt. 20:28. Who is someone who you could bring the good news to this week, and how will you go about the good news with them?

~Brian

**Afterwards**  
*Sunday's 7:00 - 8:30*  
*(except when noted otherwise)*

**February 4 - Super Bowl Party**  
**@ Robb & Pam Chandler's.**  
**Meet at church @ 5:00 pm,**  
**return around 9:30 pm.**  
**Fun, Food, Fellowship,**  
**Contests & Prizes**  
**Bring a food item to share.**  
**March - TBA**  
**April - TBA**  
**May - TBA**



## Weekly Schedule

Sunday -  
 8:30 - Worship  
 9:45 - Sunday School  
 11:00 - Worship  
 Wednesday -  
 6:30 - 7:45 - Youth Midweek

## Activity Policy:

You must sign-up for all activities. Due to planning and making arrangements, you must sign-up for each activity away from the church. If you don't sign-up you may not be able to go. Sign-up sheets will be available in the youth room.

## February Activities

STUDENTS NAME \_\_\_\_\_ AGE \_\_\_\_\_ GRADE \_\_\_\_\_

I \_\_\_\_\_ (parent/guardian) give permission to National Heights Baptist Church to take my child \_\_\_\_\_ to and allow him/her to participate in activities during the month of February 2018. I agree not to hold National Heights Baptist Church or any paid or unpaid church staff responsible for anything that may happen to my child. Furthermore I allow the youth minister to decide transportation decisions that will effect my child including riding in a personal vehicle. I also understand that I may be asked to pick up my child if they misbehave.

Parent/guardian (please print) \_\_\_\_\_ Parent/guardian's signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone number where you can be reached at the time of the event \_\_\_\_\_

In case of emergency please contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_ Relationship to minor \_\_\_\_\_