## Lesson 4: NOT

### Icebreakers:

Ask the group: Have you ever tried to do something that turned out to be impossible? What was it? What made it impossible for you to accomplish? Is there anyone else who ever successfully accomplished what you were trying to do? How did they do it?



#### Alternative:

Give everyone a piece of string. Ask them to tie their best knot. Ask everyone to trade their string with someone else, then have a contest to see who is fastest at untying the knot. Explain that in this study, we are going to learn how God unties some "nots" in our lives.

This week, we look at a passage where Paul describes some things that seem to be impossible to overcome, but - wait for it - they're NOT. As Paul describes things that we might think could separate us from God's love, we find the encouraging message that NOTHING can separate us from the love of God that we know in Jesus.

# Watch the Video

## **Discussion Questions:**

- 1. In Romans 8:1-11, Paul describes several contrasting realities (Law of the Spirit vs Law of Sin, Sinful nature vs Life in the Spirit, etc). Which one of these contrasts is most meaningful to you? Why?
- 2. What changes in our life when we become children of God (v 15)?
- 3. What do you think Paul means when he describes believers as "co-heirs with Christ" (v 17)?
- 4. How does hope for our eternal future in Christ help us to live today (vv 18ff)?
- 5. What are some areas in your life where you have seen Christ make you more than a conqueror (v 37)?
- 6. Paul lists several things that cannot separate us from the love of God (vv 38-39). Which area(s) are hardest for you to accept?

Romans 8:38-39

<sup>38</sup> For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup> neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.